

To all of our Teamster Members and their Families,

Over the past few weeks, it has become clear that the COVID-19 virus has made its way to the United States at a meaningful scale, raising many questions. We want to assure you that we are closely monitoring the spread of the virus, adhering to the guidance of the [The Centers for Disease Control and Prevention, www.cdc.gov](https://www.cdc.gov) and state and local governments, and taking extra precautions to maintain a safe and healthy work environment for our staff while we continue to serve you.

With this said, the Health Fund Office will continue to take calls but has decided to close the doors to all walk-in traffic at this time.

Importantly, we remain committed to provide service to you. We are extremely proud to serve all of our members and their families. We will continue to monitor the situation.

Precautions to take:

- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds, especially after being out in public, blowing your nose, coughing, or sneezing.
- If soap and water aren't available, use a hand sanitizer that contains at least 60% alcohol.
- To the extent possible, avoid touching high-touch surfaces in public places, like elevator buttons, door handles, handrails, and handshaking with people. Use a tissue or your sleeve to cover your hand or finger if you must touch something.
- Avoid touching your face, nose, and eyes.
- Clean and disinfect your home to remove germs: Practice routine cleaning of frequently touched surfaces—tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks and cell phones.
- Avoid crowds, especially in poorly ventilated spaces. Your risk of exposure to respiratory viruses like COVID-19 may increase in crowded, closed-in settings with little air circulation if there are people in the crowd who are sick.
- The CDC recommends that you defer all travel, particularly if you also have underlying health issues.